



2018 Girls Soccer Winter College ID Camp – Session 1

Saturday, January 20th:

Check-in: 4:30 – 5:00 PM at the McClain Center - 1475 Engineering Drive, Madison, WI

Dismissal: 8:00 PM at the McClain Center

Sunday, January 21st:

Doors Open: 8:30 AM at the McClain Center

Dismissal: 4:00 PM at the McClain Center

What to Bring:

All Campers are asked to bring a soccer ball to facilitate training. Also, please wear/bring appropriate soccer attire and a bag for personal items. The McClain Center has a synthetic grass surface (field turf) that allows athletes to wear cleats while training.

Lunch:

A sandwich bar will be provided for all campers on Sunday.

Parking Information:

Parking is available on a first-come, first-served basis in the Engineering Drive Ramp, Lot 17 – 1525 Engineering Drive, Madison, WI. Camp signage will be posted outside of Lot 17 in order to direct all campers and parents to the McClain Center Entrance. The star in the map below indicates the entrance and check-in locations. Campers may also be dropped off and picked up at the North end of the McClain Center, near Lot 17. Parents are welcome to attend, although space is limited inside the McClain Center.

Camp Schedule

Saturday, January 20

5:00 PM: Welcome & Introductions

5:15 PM: Warm-up

6:00 PM: Group A – Technical Training, Group B – Strength and Conditioning

7:00 PM: Group A – Strength and Conditioning, Group B – Technical Training

8:00 PM: Dismissal

Sunday, January 21

8:30 AM: Doors to McClain Center Open

9:00 AM: Warm-up

9:15 AM: Groups rotate between - College Training Exercises & 9 v 9 Matches

12:00 PM: Lunch / NCAA Recruiting Seminar

1:00 PM: Positional Training

2:00 PM: Small-Sided Tournament

2:30 PM: 9 v 9 Matches

4:00 PM: Closing Remarks & Dismissal

Camp Contacts

Tim Rosenfeld – Assistant Coach

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McClain Athletic Facility Parking

