

# WHICH VOLLEYBALL CAMPS ARE BEST FOR ME?

## LITTLE BADGERS

**BEGINNER I: MAY 31-JUNE 1**  
**BEGINNER II: JUNE 2-3**  
**ADVANCED: JUNE 2-3**

**BEGINNER I:** Age 4-4<sup>th</sup> Grade  
**BEGINNER II:** Age 4-4<sup>th</sup> Grade  
**ADVANCED:** Age 6-5<sup>th</sup> Grade

Our **Little Badgers Beginner** camp is for boys and girls age 4-4<sup>th</sup> grade that are looking to be introduced to the sport of volleyball. During these camps, campers will learn all of the skills of volleyball through a fun-filled environment.

Our **Little Badgers Advanced** camp is for boys and girls age 6-5<sup>th</sup> grade that have already begun playing sports including volleyball and are looking to expand on their current skills. This camp is good for kids that have actively been playing sports and volleyball or have attended Little Badgers for multiple years.

## MIDDLE SCHOOL CAMP

**JULY 5-7**

Grades 6-8

Our **Middle School camp** is for girls entering grades 6-8 that are currently beginner and intermediate level volleyball players and athletes. During our MS Day Camp, campers will learn and develop all of the fundamentals of volleyball including hitting, setting, serving, defense, and more. As each camper progresses through this camp, they will begin to learn and incorporate more competitions and game strategies. This camp is perfect for girls that have just started volleyball and girls that have been playing MS and club volleyball for less than 2 years. Campers for our MS camp will be separated by their age and experience level.

## BADGER CAMPS

**JULY 5-7**  
**JULY 9-11**

Grades 7-12

Our **Badger camps** are our highest level camps for girls of all levels and positions from grades 7-12. During this camp, individual instruction will be like that of the Badger volleyball program including skill development, positional development, personal development, and competitions.

For each Badger camp, campers will be separated into groups based on their skill level and position skill level. With the high demand of our Badger camps, we have our Badger and Badger Bring It camps that will emphasize similar training.

For campers entering grades 7 and 8 that have been playing club volleyball for a couple years, we recommend the Badger Camp compared to the MS Camp.

## POSITION/SERVING CAMPS

**SESSION I: JULY 16**  
**SESSION II: JULY 17**

Grades 6-12

Our **Positions and Serving camps** are for girls of all levels from grades 6-12. When enrolling for a positions camp, your camper will be able to register between **Hitting, Setting, and Libero**. Within each of these camps, each camper will be getting maximum repetitions and instruction on the skills and techniques that encompass excelling at that given position.

For our Serving camps, each camper will get repetitions breaking down all the elements that make great servers. This will include techniques for serving and also strategy for serving. For both of these camps, campers will be grouped by their age and experience level.