



# 2018 WISCONSIN BOYS ROWING CAMPS

## Learn to Row Summer Camp - June 19 - 22

**Check-in:** Tuesday, June 19, from 2:00 p.m. to 3:00 p.m. at [Porter Boathouse](#) - 680 Babcock Drive

**Check-out:** Friday, June 22, from 12:00 p.m. to 1:00 p.m. at Porter Boathouse

**Meals:** Campers will be served all meals in [Four Lakes Market](#)! Meals will start with dinner on Tuesday and end with breakfast on Friday. Have special dietary needs? Go [HERE](#) for more information or visit our [Net Nutrition](#) website to plan your meals for camp. We have a number of Registered Dietitians on staff that would be available to speak to you. Any questions or comments may be directed to: [dietitian@housing.wisc.edu](mailto:dietitian@housing.wisc.edu).

**Residence Halls:** Campers will be housed in [Kronshage Hall](#) for the duration of camp!

**Spectators:** Parents may attend and watch all aspects of camp. There will be racing around 10:30 a.m. the morning of check-out, and parents are encouraged to attend! The best viewing will be upstairs on the terrace of the Porter Boathouse.

**Parking:** Please drop off and pick up campers at Porter Boathouse (680 Babcock Dr, Madison). See [map](#) below for more details.

**Cancellation Policy:** Cancellations made prior to June 12 will pay an administrative fee of \$30 that will be deducted from your refund. After June 12, refunds will only be given for medical reasons when accompanied by a signed letter from a physician. All refunds must be requested via email to [badgercamps@athletics.wisc.edu](mailto:badgercamps@athletics.wisc.edu).

**Late Arrivals/No Shows:** Any campers who will be arriving to check-in late or will no longer be able to attend may contact us by email: [badgercamps@athletics.wisc.edu](mailto:badgercamps@athletics.wisc.edu).

**Camp Contact:** Any camp issues or concerns can be directed to Lowell McNicholas via email at [lm4@athletics.wisc.edu](mailto:lm4@athletics.wisc.edu).

### **What to bring:**

- 4-6 tight fitting athletic shorts (i.e. Under Armour spandex)
- 6-7 t-shirts
- 4-5 tight fitting sports tops
- 2-3 long sleeve athletic tops
- 1-2 sweatshirts
- 1-2 sweatpants
- 1 pair flip flops/1 pair sneakers
- 8-9 pairs athletic socks
- 1 warm fleece or jacket
- 1 bathing suit
- 1 beach towel
- 1-2 bath towels
- 2 hats
- 1 pair of sunglasses that can go out on the water
- 1 rain jacket
- Sunscreen, medications, bathroom items such as eye care, toothpaste, etc.

There is laundry onsite, please bring quarters and soap if you plan to do laundry. Athletes can bring small amounts of cash should they want to purchase anything during the camps such as bookstore t-shirts, toiletry items, additional snacks, etc.

## **2018 Learn to Row Camp – Tentative Schedule**

### **Tuesday, June 19**

2:00PM – 3:00PM	Camper check-in at Porter Boathouse
3:00PM – 4:00PM	Welcome/Tour
4:00PM – 5:00PM	Boat Handling
5:00PM – 5:30PM	Swim Test (Tread water for a few minutes off docks)
5:30PM – 6:00PM	Dinner / Games
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

### **Wednesday, June 20**

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Practice
9:00AM – 10:00AM	Breakfast at Dining Hall
10:00AM – 11:00AM	Free Time
11:00AM – 12:00PM	Practice
12:00PM – 1:00PM	Lunch at Dining Hall
1:00PM – 3:00PM	Free Time
3:00PM – 6:00PM	Practice / Meet at Boathouse
6:00PM – 7:00PM	Ultimate Frisbee at Camp Randall Stadium
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

### **Thursday, June 21**

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Practice
9:00AM – 10:00AM	Breakfast at Dining Hall
10:00AM – 11:00AM	Free Time
11:00AM – 12:00PM	Practice
12:00PM – 1:00PM	Lunch at Dining Hall
1:00PM – 3:00PM	Free Time
3:00PM – 6:00PM	Practice / Meet at Boathouse
6:00PM – 7:00PM	State Street / Memorial Union Terrace
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

### **Friday, June 22**

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Practice
9:00AM – 10:00AM	Breakfast
10:30AM – 12:00PM	Races
12:00PM	Camp Checkout

**Boys Rowing Camp Map**

