



2018 WISCONSIN BOYS ROWING CAMPS

Session 3 - July 23 - 28

Check-in: Monday, July 23, from 2:00 p.m. to 3:00 p.m. at [Porter Boathouse](#) - 680 Babcock Drive

Check-out: Saturday, July 28, from 12:00 p.m. to 1:00 p.m. at Porter Boathouse

Meals: Campers will be served all meals in [Four Lakes Market](#)! Meals will start with dinner on Monday and end with breakfast on Saturday. Have special dietary needs? Go [HERE](#) for more information or visit our [Net Nutrition](#) website to plan your meals for camp. We have a number of Registered Dietitians on staff that would be available to speak to you. Any questions or comments may be directed to: dietitian@housing.wisc.edu.

Residence Halls: Campers will be housed in [Kronshage Hall](#) for the duration of camp!

Spectators: Parents may attend and watch all aspects of camp. There will be racing around 11:00 a.m. the morning of check-out, and parents are encouraged to attend! The best viewing will be upstairs on the terrace of the Porter Boathouse.

Parking: Please drop off and pick up campers at Porter Boathouse (680 Babcock Dr, Madison). See [map](#) below for more details.

Cancellation Policy: Cancellations made prior to July 16 will pay an administrative fee of \$50 that will be deducted from your refund. After July 16, refunds will only be given for medical reasons when accompanied by a signed letter from a physician. All refunds must be requested via email to badgercamps@athletics.wisc.edu.

Late Arrivals/No Shows: Any campers who will be arriving to check-in late or will no longer be able to attend may contact us by email: badgercamps@athletics.wisc.edu.

Camp Contact: Any camp issues or concerns can be directed to Lowell McNicholas via email at lm4@athletics.wisc.edu.

What to bring:

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| <input type="checkbox"/> 4-6 tight fitting athletic shorts (i.e. Under Armour spandex) | <input type="checkbox"/> 1-2 bath towels |
| <input type="checkbox"/> 6-7 t-shirts | <input type="checkbox"/> 2 hats |
| <input type="checkbox"/> 4-5 tight fitting sports tops | <input type="checkbox"/> 1 pair of sunglasses that can go out on the water |
| <input type="checkbox"/> 2-3 long sleeve athletic tops | <input type="checkbox"/> 1 rain jacket |
| <input type="checkbox"/> 1-2 sweatshirts | <input type="checkbox"/> Sunscreen, medications, bathroom items such as eye care, toothpaste, etc. |
| <input type="checkbox"/> 1-2 sweatpants | |
| <input type="checkbox"/> 1 pair flip flops/1 pair sneakers | |
| <input type="checkbox"/> 8-9 pairs athletic socks | |
| <input type="checkbox"/> 1 warm fleece or jacket | |
| <input type="checkbox"/> 1 bathing suit | |
| <input type="checkbox"/> 1 beach towel | |

Dorm Rooms:

- Air-conditioned
- Bed linens, blankets, pillows, and a small refrigerator are included

- Internet and cable connection options are available (cables not provided)
- Laundry is on-site. Please bring quarters

There is laundry onsite, please bring quarters and soap if you plan to do laundry. Athletes can bring small amounts of cash should they want to purchase anything during the camps such as bookstore t-shirts, toiletry items, additional snacks, etc.

2018 Wisconsin Boys Rowing Camp Session 3 – Tentative Schedule

Monday, July 23

2:00PM – 3:00PM	Camper check-in at Porter Boathouse
3:00PM – 4:00PM	Welcome/Tour
4:00PM – 5:00PM	Boat Handling
5:00PM – 5:30PM	Swim Test (Tread water for a few minutes off dock)
5:30PM – 6:00PM	Dinner / Games
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

Tuesday, July 24

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Row
9:00AM – 10:00AM	Breakfast at Dining Hall
10:00AM – 11:00AM	Free Time
11:00AM – 12:00PM	Row
12:00PM – 1:00PM	Lunch at Dining Hall
1:00PM – 3:00PM	Free Time
3:00PM – 6:00PM	Row/ Meet at Boathouse
6:00PM – 7:00PM	Supervised Nightly Activity
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

Wednesday, July 25

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Row
9:00AM – 10:00AM	Breakfast at Dining Hall
10:00AM – 11:00AM	Free Time
11:00AM – 12:00PM	Row
12:00PM – 1:00PM	Lunch at Dining Hall
1:00PM – 3:00PM	Free Time
3:00PM – 6:00PM	Row/ Meet at Boathouse
6:00PM – 7:00PM	Supervised Nightly Activity
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

Thursday, July 26

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Row
9:00AM – 10:00AM	Breakfast at Dining Hall
10:00AM – 11:00AM	Free Time
11:00AM – 12:00PM	Row

12:00PM – 1:00PM	Lunch at Dining Hall
1:00PM – 3:00PM	Free Time
3:00PM – 6:00PM	Row/ Meet at Boathouse
6:00PM – 7:00PM	Supervised Nightly Activity
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

Friday, July 27

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Row
9:00AM – 10:00AM	Breakfast at Dining Hall
10:00AM – 11:00AM	Free Time
11:00AM – 12:00PM	Row
12:00PM – 1:00PM	Lunch at Dining Hall
1:00PM – 3:00PM	Free Time
3:00PM – 6:00PM	Row/ Meet at Boathouse
6:00PM – 7:00PM	Ice Cream/Movie
8:00PM – 9:30PM	In Dorms/Free Time
9:30PM – 10:00PM	In Bed, Lights Out/ Sleeping

Saturday, July 28

6:30AM – 7:00AM	Wake up Campers
7:00AM – 7:15AM	Walk to Porter
7:15AM – 9:00AM	Row
9:00AM – 10:00AM	Breakfast at Dining Hall
10:00AM – 11:00AM	Free Time
11:00AM – 12:00PM	Race
12:00PM – 1:00PM	Check out at Porter Boathouse

