

 **BADGER SPORTS CAMPS**   
**GIRLS GOLF RED ZONE SCORING CAMP: JUNE 14-16**

**Check-in:** Thursday, June 14, from 2:00 to 3:00 p.m. at [Leopold Hall](#) - 1635 Kronshage Dr.

**Check-out:** Saturday, June 16, from 5:45 to 6:00 p.m. at Leopold Hall

**Housing:** Campers will be housed at Leopold Hall

**Meals:** Campers will be served breakfast at [Four Lakes Market](#) on the morning of June 15<sup>th</sup> and 16<sup>th</sup> only! All other meals will be eaten near [University Ridge Golf Course](#). *Please inform us of any dietary restrictions you may have prior to camp!* These meals are included in the camp cost.

**Spectators:** Parents are welcome to attend and watch all aspects of camp conducted out at University Ridge Golf Course!

**Parking:** All parents will be able to park directly outside of Leopold Hall for the duration of check-in/out free of charge! Representatives from Transportation Services will be stationed near Leopold Hall in order to direct arriving campers (see [map](#)).

**Cancellation Policy:** Cancellations made 1 week prior to the session start date will pay an administrative fee of \$50.00 that will be deducted from your refund. After that point, refunds will only be given for medical reasons when accompanied by a signed letter from a licensed physician. All refunds must be requested via email to [badgercamps@athletics.wisc.edu](mailto:badgercamps@athletics.wisc.edu).

**Late Arrivals/No Shows:** Any campers who will be arriving to check-in late or will no longer be able to attend may contact us by email: [badgercamps@athletics.wisc.edu](mailto:badgercamps@athletics.wisc.edu).

**Girls Golf Red Zone Scoring Camp – Tentative Daily Schedule**

**June 14, 2018**

2:00-3:00pm	Registration at Leopold Hall on UW Campus
3:15pm	Depart Campus for University Ridge Golf Course
4:00-6:30pm	Short Game instruction and practice
7:00pm	Dinner at Rocky Rococo's
8:30pm	Big Cup Golf at University Ridge
10:00-10:30pm	Free Time – Pick up Medication
10:30pm	Lights Out!!

**June 15, 2018**

7:00am	Wake Up – Pick up Medication
7:30am	Breakfast at Four Lakes Dining Center

8:05am	Depart for University Ridge Golf Course
8:50am	Nine holes – Tee times off Front Nine
12:00-1:00pm	Lunch at Culver's
1:30-6:00pm	Short game instruction, practice, and skill challenge
6:30pm	Dinner at Noodles & Co.
7:30pm	Ice Cream at the Memorial Union
9:00-10:30pm	Free time – Medication Pickup
10:30pm	Lights Out!!

### **June 16, 2018**

7:00 am	Wake-up – Pick up Medication
7:30 am	Breakfast at Four Lakes
8:15 am	Depart for University Ridge Golf Course
9:00-11:45 am	Short game instruction, putting, green reading, and contests
11:45-1:00 pm	Lunch at Milio's
1:00-1:30 pm	Warm-up and instruction
1:30 pm	Nine holes – Tee times off Back Nine
5:00 pm	Awards and recap
5:15 pm	Depart for Leopold
5:45 pm	Dorm check-out
6:00 pm	Depart from camp

### **Girls Golf Red Zone Scoring Camp – What to Bring/Contacts**

#### **What to Bring:**

1. Your own golf clubs and extra golf balls
2. Proper golf attire – including golf shoes (preferably broken in) or tennis shoes
3. A hat/visor, rain gear (optional) and an umbrella
4. Sunscreen
5. Personal toiletries and a bath towel
6. A small amount of spending money for evening snacks, soda, etc.
7. Alarm clock or cell phone with an alarm

#### **Dorms will provide:**

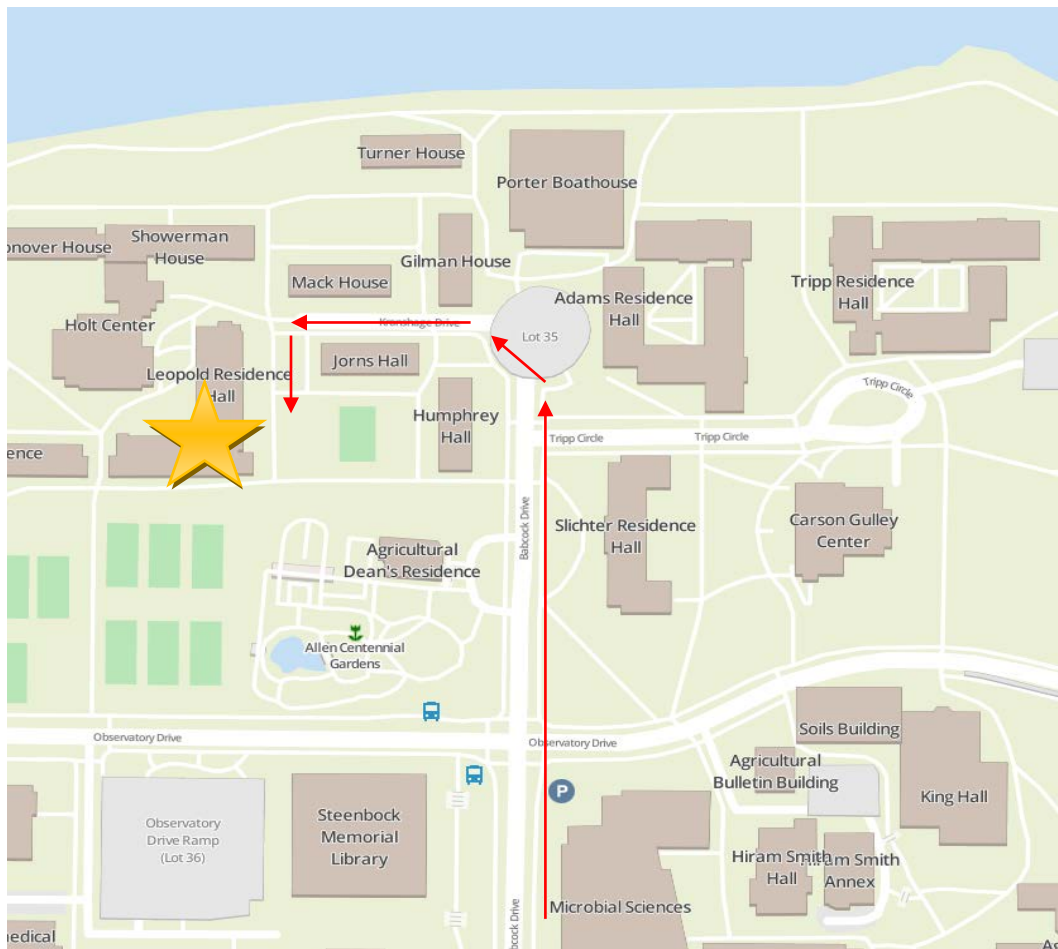
1. Air-conditioning
2. Bed linens and 1 pillow per bed
3. Small refrigerator

4. Internet and Cable TV connection (need to bring personal computer for internet)
5. Floor lounge with TV, DVD player, and phone for local calls

**Camp Contacts:**

1. Todd Oehrlein (Head Coach) – (608) 219-5815
2. Lindsay Wandrey (Asst. Coach) – (608) 395-4088
3. Badger Sports Camp (Admin) – (608) 265-1470
4. University Ridge Golf Course – (608) 845-7700
5. UW Police (emergency only) – (608) 262-2957

**Campus Map to Leopold Residence Hall**





# BADGER SPORTS CAMPS

## CAMPER RULES & EXPECTATIONS

Badger Sports Camps prides itself on providing a safe camp environment, which is accomplished by adhering to all camp guidelines and regulations. Before attending your respective camp, please take time to review the important rules and expectations listed below. Any questions or concerns with the following information can be directed towards Camp Administration by email: [badgercamps@athletics.wisc.edu](mailto:badgercamps@athletics.wisc.edu).

### Camper Expectations

- Campers should notify a camp counselor as soon as any problem or concern arises. Counselors will be available to help at all times, day or night. Parents and campers can feel free to contact us via email at [badgercamps@athletics.wisc.edu](mailto:badgercamps@athletics.wisc.edu). If campers are having an issue or emergency that needs immediate attention, campers have the option to text their issue, current location, and the word "CAMP" to 69050. Camp Administration will reply.
- Participate in all sessions and meals during camp. Only the camp director will be able to grant permission to be excused from camp activity.
- For the best well-rounded camp experience, follow the camp schedule and report on time for all sessions.
- Before coming to camp, label all personal belongings, especially equipment. While at camp, always lock the door when leaving your dorm room unattended (residential camps). Badger Sports Camps is not responsible for lost or stolen items.

### Behavioral Expectations

- Campers will avoid using any profane or inappropriate language during camp, written or verbal.
- Campers will not harass, bully, or intimidate other campers/staff. Hazing is strictly prohibited.
- Campers should notify camp staff of any known late arrivals or early dismissals from camp prior to the session start date.
- Due to limited parking availability, campers having a vehicle at camp is discouraged. Campers needing to park a vehicle for the duration of camp should contact Transportation Services (608-263-6666) at least 2 weeks prior to the session start date in order to purchase a valid parking pass. Vehicle keys must be handed to the Camp Director. Badger Sports Camps is not responsible for any parking tickets you receive during camp.
- Campers will not possess/consume any illegal substances (drugs, alcohol, etc.) while at camp. Nor will campers bring any dangerous objects (lethal weapons, lighters, fireworks, etc.) to camp.
- Campers will not damage or steal the University's, or any other campers' personal property while attending camp. This includes tampering with any safety/security equipment (ex: fire alarms).
- Campers will not permit any unauthorized or unknown individuals into the camp dorm building.

*While unacceptable conduct is not anticipated, if camp staff has reason to believe a violation of any camp rule or expectation has occurred, this could result in disciplinary action, up to and including dismissal from camp. Refunds will not be issued if campers are dismissed for disciplinary reasons.*



Dear Campers & Parents,

Welcome to the University of Wisconsin-Madison Badger Sports Camps! I am the Health Services Supervisor and a Licensed Athletic Trainer overseeing all of the health services for the Badger Sports Camps on campus. I have a few reminders and advice for your time here at camp whether it is for a few hours or several days!

If you completed your registration online, all required health forms are completed. You can update the forms at any time by logging into your account at [uwcamps.com](http://uwcamps.com). Please do this if you registered for camp far in advance, as health information can change. If you need to take more breaks during activity for health reasons, do not hesitate to let your counselor know.

The health services provided at camp include a large, trained health staff to quickly respond to on-site emergencies and administer medications as authorized. There will be bandages, tape, ice bags, water, and emergency supplies available during the camp. If you know you need taping (i.e. ankle sprain) each activity session, please bring your own supplies for camp and we will do the taping for you.

If you need to bring medications to camp, please bring **ONLY** what is needed for the length of stay. Medications must be in original bottles. Over the counter medications such as Tylenol, Advil, Zyrtec, Claritin ARE considered medications. All medications are required by Wisconsin State Law to be collected and administered by Health Staff for minors. They will be returned at the end of camp. Emergency medications such as inhalers, epi-pens, and insulin pumps will **NOT** be collected. These must be with the prescribed person at all times. When packing your bag, please remember to bring any sunscreen, bug spray, hats, or sunglasses you need for outdoor activity. These will not be provided.

Many of our camps are high intensity and the campers want to perform at their best skill level. To help limit injury and illness, keep fitness levels up prior to camp, eat well-balanced, nutritious meals, stay hydrated, rest as needed between sessions and at night, maintain proper hygiene, and take care of sore muscles with proper recovery. Play safe, play smart, follow the rules on and off the fields, and have fun!

Sincerely,

Eric J. Linnell, MS, LAT  
Health Services Supervisor  
[EJL@athletics.wisc.edu](mailto:EJL@athletics.wisc.edu)

## **GATORADE SUMMER PROGRAM**

Sports fuel will be provided by Gatorade throughout the duration of camp. Gatorade Thirst Quencher will be available on the sidelines to help fuel athletes' performance and help them stay hydrated. Gatorade has fluids to rehydrate, electrolytes to replenish, and carbs to refuel. Gatorade Recover Protein Bars will be available and have the high quality protein and carbs athletes need to help their muscles recover. To learn more about the science behind Gatorade, visit [www.Gatorade.com](http://www.Gatorade.com).

