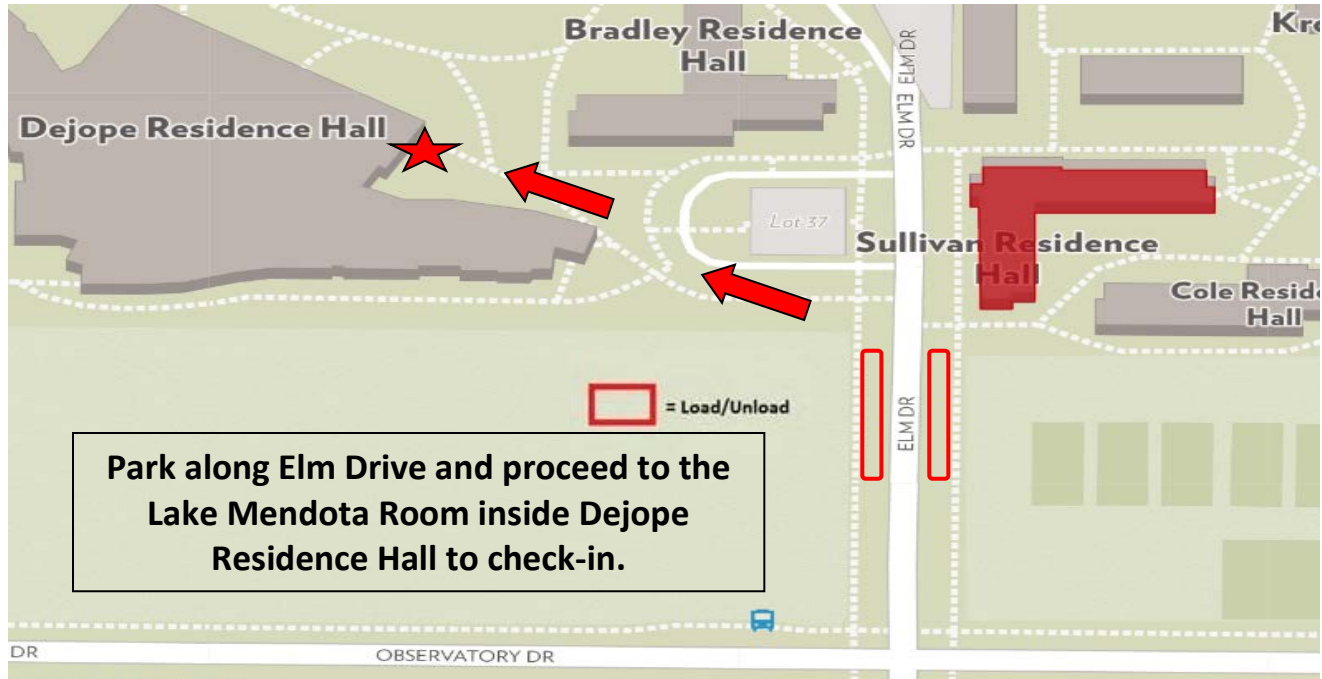




CAMP CONFIRMATION

- **Check-In:** From 11:00 am – 12:00 pm on Sunday, July 22nd, 2018 in the Lake Mendota Room located on the ground floor of Dejope Residence Hall (640 Elm Drive, Madison, WI 53711: Wisconsin-Madison campus). Please make every effort to arrive on time. If you know you will arrive late, please call (608) 658-1200 or email us at tmr@athletics.wisc.edu so that we can account for your camper. Please, do not rely on another camper to notify us of late arrivals! All campers must be present at registration; parents cannot register a camper that is not on campus. The first all-camp meeting will be at 1:00 pm in the Frank Holt Program Room (Second floor – Frank Holt Center). Please come prepared to play as we will be departing for the fields directly from the meeting. The first meal served will be dinner on July 22nd. All campers will be housed in Cole Hall – 625 Elm Drive, Madison, WI 53711.
- **Check-Out:** Closing ceremonies will take place on Tuesday, July 24th, at 12:00 pm in the Frank Holt Program Room (2nd floor – Frank Holt Centre). Please arrive in time to observe! The check-out table will be located outside Cole Hall and will occur after closing ceremonies (approximately 12:30 pm 1:30 pm). Breakfast on July 24th will be the last meal served.
- **Parking:** Loading and unloading will be permitted at Cole Hall during registration from 10:45 am - 12:30 pm, and during the closing ceremonies and check-out from 11:30 pm – 1:30 pm. If you need to park your vehicle, there will be attendants to direct you. If your camper is driving to camp or you have additional parking needs, parking permits may be obtained for \$12/day. Vehicles are not available to campers during camp, and will be parked away from the dorms. To obtain a parking permit, please call (608) 262-8683 at least two weeks prior to the camp session.
- **Roommate/Room Key/Meal Cards:** You will be assigned a roommate and room prior to your arrival at camp. Campers will be grouped on floors by similar ages. If you requested a roommate upon completion of registration you will be assigned to that roommate. Room Keys and Meal Cards will be picked up during registration. ***Any lost room keys will result in a \$75 room key charge to the camper by the university!***
- **Camp Ball:** If you pre-purchased an Under Armour soccer ball, please pick it up at check-in. Please email the UW Camp Office at (badgercamps@athletics.wisc.edu) if you are interested in pre-purchasing a soccer ball.
- **Lost and Found:** Campers should clearly mark their name on all belongings, including their soccer ball. The camp will not assume responsibility for lost or stolen items.
- **What to Bring:** You are reminded to bring several sets of training gear: This should include soccer shoes/cleats, running/training shoes, shin guards, goalkeeping gear (if applicable), and a soccer ball. The Camp will provide each player with a training shirt and a water bottle. You will also need towels, soap, and shampoo. Internet access is now available in all areas of the dorm. *Pillows, linens and blankets, air-conditioners, and refrigerators are provided. Coin-operated laundry and vending machines are also available in Cole Hall.*
- **Commuter Schedule:** All meals except for breakfast are included in the commuter package. Commuters will have access to the common areas of Cole Hall for the duration of camp. The drop-off and pick-up times for our commuter campers will be disseminated at check-in.

- **Camp Store:** Snacks and sports drinks will be available at the camp store. For dormitory security purposes, pizza may be ordered through camp concessions only. It is the camper's responsibility to provide a safe place for their money. *If campers bring their own drinks, they must be in plastic containers for safety.*
- **Contacting Campers During Camp:** If you need to reach your camper and they cannot be reached on a cell phone, please call the camp phone line (608) 658-1200.
- **Camp Policies:** Camp Policies will be distributed at registration for parents and campers. While all camp activities and dorms are supervised by camp staff, responsibility for behavior ultimately belongs to the individual camper. Any violation of camp policies may result in dismissal from camp without refund of tuition.
- **Thank you for registering with the University of Wisconsin Soccer Camp!** Please contact us with any further questions at tmr@athletics.wisc.edu or call us at (608) 265-4732. We look forward to seeing you this summer!



BASIC RESIDENT SCHEDULE

SUNDAY, JULY 22

- 11:00 AM: CAMPER CHECK-IN (DEJOPE RESIDENCE HALL: LAKE MENDOTA ROOM)
- 1:00 PM: CAMPER ONLY MEETING (HOLT PROGRAM ROOM: FRANK HOLT CENTER)
- 4:30 PM: DINNER (DEJOPE DINING HALL)
- 5:45 PM: ATTENDANCE (OUTSIDE: COLE HALL)
- 11:00 PM: IN ROOMS

MONDAY, JULY 23

- 7:00 AM: BREAKFAST (DEJOPE DINING HALL)
- 8:50 AM: ATTENDANCE (OUTSIDE: COLE HALL)
- 11:30 AM: LUNCH (DEJOPE DINING HALL)

1:00 PM: ATTENDANCE (OUTSIDE: COLE HALL)

4:30 PM: DINNER (DEJOPE DINING HALL)

5:45 PM: ATTENDANCE (OUTSIDE: COLE HALL)

11:00 PM: IN ROOMS

TUESDAY, JULY 24

7:00 AM: BREAKFAST (DEJOPE DINING HALL)

8:50 AM: ATTENDANCE (OUTSIDE: COLE HALL)

12:00 PM: CLOSING REMARKS (HOLT PROGRAM ROOM: FRANK HOLT CENTER)

12:30 PM: CHECK-OUT (LOOK FOR THE HOUSING TABLE OUTSIDE OF COLE HALL)

COMMUTER SCHEDULE

Sunday, July 22

11:00 am – 12:00 pm: Registration (Dejope Hall: Lake Mendota Room – 640 Elm Drive, Madison, WI 53711)

1:00 pm: All Camp Meeting: Dejope Hall: Lake Mendota Room

10:00 pm: Pick – up (Cole Hall – 625 Elm Drive)

Meals: Dinner

Monday, July 23

8:30 am: Drop – off (Cole Hall)

8:50 am: Attendance (Outside of Cole Hall)

10:00 pm: Pick – up (Cole Hall)

Meals: Lunch & Dinner

Tuesday, July 24

8:30 am: Drop – off (Cole Hall)

8:50 am: Attendance (Outside of Cole Hall)

12:00 pm – 12:30 pm: Closing Ceremonies (Frank Holt Center – 2nd floor)

12:30 pm: Pick – up (Cole Hall)

Meals: None



Bucky Badger's

Camp Checklist

WHAT TO BRING AND WHAT TO DO

COLLEGE ID CAMP

- Medication labeled & in plastic bag for UW trainers
- Cleats and athletic shoes (runners/sneakers work too!)
- Shin-guards
- Soccer Ball (unless you have pre-ordered one – if you have it can be picked up at check in – if you would like to order an UNDER ARMOUR UW ball please email your request to Badger Camp Office – badgercamps@athletics.wisc.edu)
- Sun block
- Water bottle (water & cups will be provided at each session)
- You will be provided with a camp shirt; However, you should bring extra socks, shirts and shorts
- Towels and toiletries
- Clothing for all types of weather
- Goalkeepers, please bring your own gear
- Residence Hall rooms are air-conditioned and are equipped with refrigerators. Please feel free to bring snacks and drinks.
- Residence Hall beds come with a pillow, linen and a blanket, however, you are free to bring your own as well
- Game face and a smile!

REMINDERS



UW UNDER ARMOUR BALLS!!

Pre-Order to guarantee availability!

UNDER ARMOUR Soccer Ball (ball is similar to Photo)



Email the Badger Camp Office at badgercamps@athletics.wisc.edu to pre-Order \$35.00

UW WOMEN'S SOCCER T-SHIRTS & LONG SLEEVE SHIRTS



New designs for 2018 (shirt in photo is NOT available)
Available at the camp store all through camp
Limited quantities available ... get 'em while the last!
Not available anywhere else!

\$ 15.00 – T-Shirts

\$20.00 – Long Sleeves



BADGER SPORTS CAMPS

CAMPER RULES & EXPECTATIONS

Badger Sports Camps prides itself on providing a safe camp environment, which is accomplished by adhering to all camp guidelines and regulations. Before attending your respective camp, please take time to review the important rules and expectations listed below. Any questions or concerns with the following information can be directed towards Camp Administration by email: badgercamps@athletics.wisc.edu.

Camper Expectations

- Campers should notify a camp counselor as soon as any problem or concern arises. Counselors will be available to help at all times, day or night. Parents and campers can feel free to contact us via email at badgercamps@athletics.wisc.edu. If campers are having an issue or emergency that needs immediate attention, campers have the option to text their issue, current location, and the word "CAMP" to 69050. Camp Administration will reply.
- Participate in all sessions and meals during camp. Only the camp director will be able to grant permission to be excused from camp activity.
- For the best well-rounded camp experience, follow the camp schedule and report on time for all sessions.
- Before coming to camp, label all personal belongings, especially equipment. While at camp, always lock the door when leaving your dorm room unattended (residential camps). Badger Sports Camps is not responsible for lost or stolen items.

Behavioral Expectations

- Campers will avoid using any profane or inappropriate language during camp, written or verbal.
- Campers will not harass, bully, or intimidate other campers/staff. Hazing is strictly prohibited.
- Campers should notify camp staff of any known late arrivals or early dismissals from camp prior to the session start date.
- Due to limited parking availability, campers having a vehicle at camp is discouraged. Campers needing to park a vehicle for the duration of camp should contact Transportation Services (608-263-6666) at least 2 weeks prior to the session start date in order to purchase a valid parking pass. Vehicle keys must be handed to the Camp Director. Badger Sports Camps is not responsible for any parking tickets you receive during camp.
- Campers will not possess/consume any illegal substances (drugs, alcohol, etc.) while at camp. Nor will campers bring any dangerous objects (lethal weapons, lighters, fireworks, etc.) to camp.
- Campers will not damage or steal the University's, or any other campers' personal property while attending camp. This includes tampering with any safety/security equipment (ex: fire alarms).
- Campers will not permit any unauthorized or unknown individuals into the camp dorm building.

While unacceptable conduct is not anticipated, if camp staff has reason to believe a violation of any camp rule or expectation has occurred, this could result in disciplinary action, up to and including dismissal from camp. Refunds will not be issued if campers are dismissed for disciplinary reasons.



Dear Campers & Parents,

Welcome to the University of Wisconsin-Madison Badger Sports Camps! I am the Health Services Supervisor and a Licensed Athletic Trainer overseeing all of the health services for the Badger Sports Camps on campus. I have a few reminders and advice for your time here at camp whether it is for a few hours or several days!

If you completed your registration online, all required health forms are completed. You can update the forms at any time by logging into your account at uwcamps.com. Please do this if you registered for camp far in advance, as health information can change. If you need to take more breaks during activity for health reasons, do not hesitate to let your counselor know.

The health services provided at camp include a large, trained health staff to quickly respond to on-site emergencies and administer medications as authorized. There will be bandages, tape, ice bags, water, and emergency supplies available during the camp. If you know you need taping (i.e. ankle sprain) each activity session, please bring your own supplies for camp and we will do the taping for you.

If you need to bring medications to camp, please bring **ONLY** what is needed for the length of stay. Medications must be in original bottles. Over the counter medications such as Tylenol, Advil, Zyrtec, Claritin ARE considered medications. All medications are required by Wisconsin State Law to be collected and administered by Health Staff for minors. They will be returned at the end of camp. Emergency medications such as inhalers, epi-pens, and insulin pumps will **NOT** be collected. These must be with the prescribed person at all times. When packing your bag, please remember to bring any sunscreen, bug spray, hats, or sunglasses you need for outdoor activity. These will not be provided.

Many of our camps are high intensity and the campers want to perform at their best skill level. To help limit injury and illness, keep fitness levels up prior to camp, eat well-balanced, nutritious meals, stay hydrated, rest as needed between sessions and at night, maintain proper hygiene, and take care of sore muscles with proper recovery. Play safe, play smart, follow the rules on and off the fields, and have fun!

Sincerely,

Eric J. Linnell, MS, LAT
Health Services Supervisor
EJL@athletics.wisc.edu

GATORADE SUMMER PROGRAM

Sports fuel will be provided by Gatorade throughout the duration of camp. Gatorade Thirst Quencher will be available on the sidelines to help fuel athletes' performance and help them stay hydrated. Gatorade has fluids to rehydrate, electrolytes to replenish, and carbs to refuel. Gatorade Recover Protein Bars will be available and have the high quality protein and carbs athletes need to help their muscles recover. To learn more about the science behind Gatorade, visit www.Gatorade.com.

