

BADGER SPORTS CAMPS

GIRLS SOCCER DAY CAMP: JULY 16-20

Check-in: M–F, July 16–July 20, from 8:00-9:00 am at the [Goodman Softball Complex](#) – 2415 University Bay Drive

Pick-up: Monday-Thursday:

Full Day: 3:00 pm from [Camp Randall Stadium](#)

Half Day: 12:00 pm from the Goodman Softball Complex

Friday:

Closing Ceremony at 11:30 am at the Goodman Softball Complex (**all campers**)

Parking:

- The **recommended** route is to drop off athletes at the turnaround on **Willow Drive** in front of the Goodman Softball Complex. Camp staff will be stationed in front of Goodman in order to direct campers to the check-in location. Parents should stay in their vehicles for drop off.
- **On Monday only** parents are allowed to park in **Lot 60** between **7:30-9:00 am** for a maximum of 15 minutes.
- Parking for an extended period of time is available in **Lot 76** (2501 University Bay Dr.) **ONLY** (pull ticket; fee required). **Cars who park in Lot 60 (surface lot) are subject to ticketing!**

Daily Pick Up:

- **From Monday to Thursday**, the pick-up location for Full Day campers will be on the north side of Camp Randall Stadium. Please head to *1525 Engineering Drive* and follow the directions of the traffic attendants to the staging area. All Full Day Campers will be staged on the north side of Camp Randall Stadium for pick-up starting at approximately 2:55 pm!
- **On Friday**, pick-up will be at the Goodman Softball Complex (2415 University Bay Dr.) following the 11:30 am closing ceremony (approximately 12:00 pm). Camp Counselors will be escorting campers to the pick-up location which will be at the turnaround in front of Goodman.

Meals: Full-Day Campers are required to bring their own lunch from home unless they have pre-purchased a lunch (\$10.00) for that day. Lunch options include ham, turkey, roast beef, and veggie sandwiches. Please email badgercamps@athletics.wisc.edu with a sandwich choice for each day.

Spectators: Parents are welcome to watch all aspects of camp!

UW Soccer Ball: If you pre-purchased a UW Soccer Ball, it will be available at registration on Monday for pick-up. **Please note that each camper should have a soccer ball with them at camp!**

Inclement Weather: The goal is to play through rain showers. In case of storms, campers will be transported via bus to a safe indoor location! Please dress for the weather each day.

Health & Safety Staff: Health Services will be stationed at all training fields for the duration of camp!

Cancellation Policy: Cancellations made 1 week prior to camp will pay an administrative fee of \$50 that will be deducted from your refund. After that date, refunds will only be given for medical reasons when accompanied by a signed letter from a physician. All refunds must be requested via email to badgercamps@athletics.wisc.edu.

Late Arrivals/No Shows: Any campers who will be arriving to check-in late or will no longer be able to attend may contact us at badgercamps@athletics.wisc.edu.

Snacks & Water: Each day we will have a mid-morning break for a coaches' talk/demonstration and snack time. Campers are strongly encouraged to bring snacks. Water will be available, however, campers should bring a filled water bottle with them to camp.

Updates: Please check your email for updates throughout the duration of camp.

Important Camp Contacts:

- Badger Sports Camps: badgercamps@athletics.wisc.edu
- Tim Rosenfeld (Camp Director): (608) 658-1200 or TMR@athletics.wisc.edu

2018 Badger Girls' Soccer Day Camp – Tentative Schedule

Monday, July 16th

8:00 – 9:00 am: Camper Check-in at Goodman Softball Complex (All Campers)

9:00 am: ALL CAMP MEETING – Goodman Softball Complex

9:15 am: Group assignments and attendance

9:25 am: Campers walk to U-Bay Fields

9:40 am: Camp Warm-up

10:00 am: Players in their groups (individual possession)

10:45 am: Break

11:00 am: Players in their groups (shooting games)

11:40 am: Small-sided games

11:50 am: Campers walk to Goodman Softball Complex

12:00 pm: MORNING CONCLUDES

Half Day Campers depart – pickup at Goodman Softball Complex

Full Day Campers load bus to Camp Randall/McClain for afternoon activities

12:15 pm: Lunch (Camp Randall Student-Athlete Dining Hall)

1:00 pm: Afternoon Warm-up

1:15 pm: Passing/receiving

1:45 pm: Break

2:00 pm: Shooting Games

- 2:30 pm: Small-sided Games
- 2:50 pm: Closing Remarks
- 3:00 pm: Camper Pick-up (Camp Randall Stadium)

Tuesday, July 17th through Thursday, July 19th

- 9:00 am: Group attendance at Goodman (Depart for U-Bay Fields)
- 9:15 am: Camp Warm-up
- 9:25 am: Skill Work Stations
- 10:20 am: Break
- 10:40 am: Shooting Games
- 11:30 am: Small-sided games
- 11:50 am: Campers walk to Goodman Softball Complex
- 12:00 pm: MORNING CONCLUDES
Half Day Campers depart
Full Day Campers load but to Camp Randall/McClain for afternoon activities
- 12:15 pm: Lunch (Camp Randall Student-Athlete Dining Hall)
- 1:00 pm: Afternoon Warm-up
- 1:15 pm: Skill work
- 1:45 pm: Break
- 2:00 pm: Camper Games
- 2:50 pm: Closing Remarks
- 3:00 pm: Camper Pick-up (Camp Randall Stadium)

Friday, July 20th

- 9:00 am: Group attendance at Goodman (Depart for U-Bay Fields)
- 9:15 am: Camp Warm-up
- 9:30 am: Players in Groups
- 10:00 am: Break
- 10:15 am: World Cup – 3 v. 3 Tournament
- 11:00 am: World Cup Finals
- 11:30 am: Closing Ceremonies (ALL CAMPERS – Goodman Softball Complex)
- 12:00 pm: Campers dismissed from Goodman Softball Complex

What to Bring: All campers will need the following items for camp:

- Soccer cleats
- Athletic shoes (runners)
- Soccer Socks
- Shin-guards
- Sunscreen and/or hat
- Water bottle (water will be provided)
- Small snack for morning break (strongly encouraged!)
- Weather appropriate clothing (rain gear; ONLY if needed)
- Day Campers are STRONGLY ENCOURAGED to bring their own snack for the morning break. Full Day campers are reminded to provide their own lunch. Box lunches will be available to be pre-purchased by emailing badgercamps@athletics.wisc.edu with your lunch order for each day (i.e. Ham – Monday, Turkey – Tuesday, etc.).
- Game face and a smile!

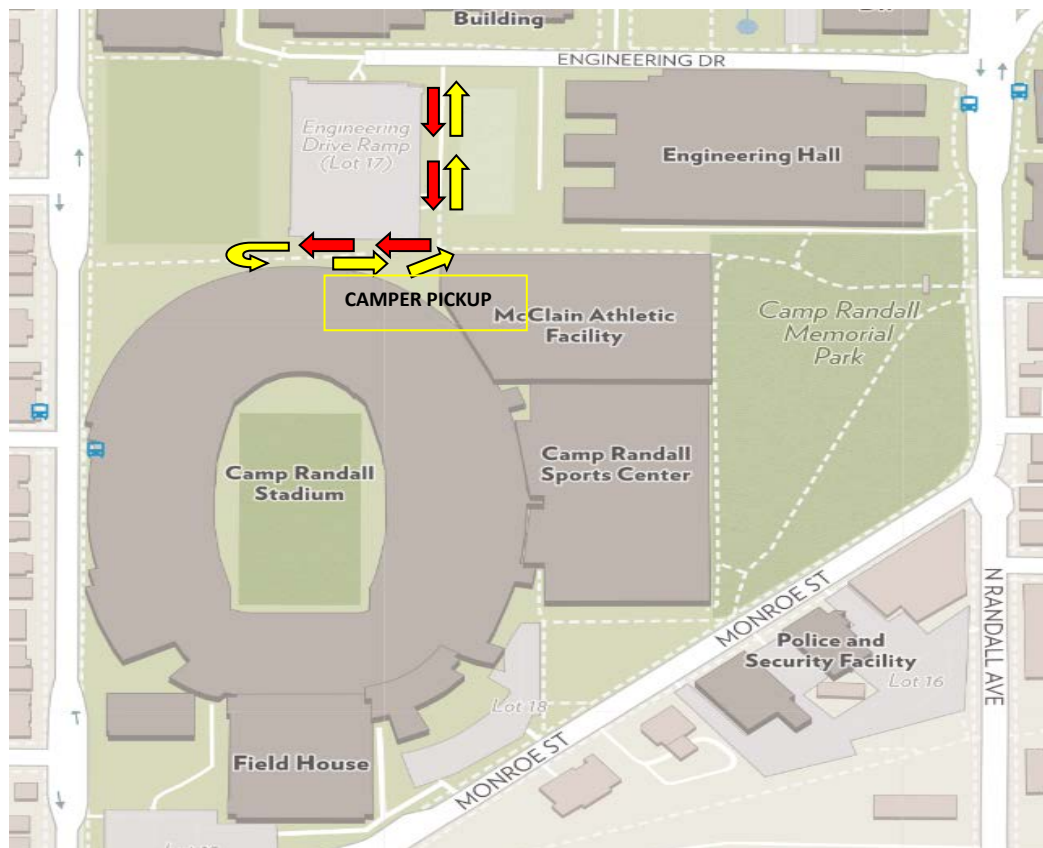
2018 Girls Badger Soccer Day Camp – Drop off Map



★ Check-in location

○ Drop-off location

Pick up location for Full Day Campers – 1525 Engineering Dr.





BADGER SPORTS CAMPS

CAMPER RULES & EXPECTATIONS

Badger Sports Camps prides itself on providing a safe camp environment, which is accomplished by adhering to all camp guidelines and regulations. Before attending your respective camp, please take time to review the important rules and expectations listed below. Any questions or concerns with the following information can be directed towards Camp Administration by email: badgercamps@athletics.wisc.edu.

Camper Expectations

- Campers should notify a camp counselor as soon as any problem or concern arises. Counselors will be available to help at all times, day or night. Parents and campers can feel free to contact us via email at badgercamps@athletics.wisc.edu. If campers are having an issue or emergency that needs immediate attention, campers have the option to text their issue, current location, and the word "CAMP" to 69050. Camp Administration will reply.
- Participate in all sessions and meals during camp. Only the camp director will be able to grant permission to be excused from camp activity.
- For the best well-rounded camp experience, follow the camp schedule and report on time for all sessions.
- Before coming to camp, label all personal belongings, especially equipment. While at camp, always lock the door when leaving your dorm room unattended (residential camps). Badger Sports Camps is not responsible for lost or stolen items.

Behavioral Expectations

- Campers will avoid using any profane or inappropriate language during camp, written or verbal.
- Campers will not harass, bully, or intimidate other campers/staff. Hazing is strictly prohibited.
- Campers should notify camp staff of any known late arrivals or early dismissals from camp prior to the session start date.
- Due to limited parking availability, campers having a vehicle at camp is discouraged. Campers needing to park a vehicle for the duration of camp should contact Transportation Services (608-263-6666) at least 2 weeks prior to the session start date in order to purchase a valid parking pass. Vehicle keys must be handed to the Camp Director. Badger Sports Camps is not responsible for any parking tickets you receive during camp.
- Campers will not possess/consume any illegal substances (drugs, alcohol, etc.) while at camp. Nor will campers bring any dangerous objects (lethal weapons, lighters, fireworks, etc.) to camp.
- Campers will not damage or steal the University's, or any other campers' personal property while attending camp. This includes tampering with any safety/security equipment (ex: fire alarms).
- Campers will not permit any unauthorized or unknown individuals into the camp dorm building.

While unacceptable conduct is not anticipated, if camp staff has reason to believe a violation of any camp rule or expectation has occurred, this could result in disciplinary action, up to and including dismissal from camp. Refunds will not be issued if campers are dismissed for disciplinary reasons.

BADGER SPORTS CAMPS HEALTH SERVICES

Dear Campers & Parents,

Welcome to the University of Wisconsin-Madison Badger Sports Camps! I am the Health Services Supervisor and a Licensed Athletic Trainer overseeing all of the health services for the Badger Sports Camps on campus. I have a few reminders and advice for your time here at camp whether it is for a few hours or several days!

If you completed your registration online, all required health forms are completed. You can update the forms at any time by logging into your account at uwcamp.com. Please do this if you registered for camp far in advance, as health information can change. If you need to take more breaks during activity for health reasons, do not hesitate to let your counselor know.

The health services provided at camp include a large, trained health staff to quickly respond to on-site emergencies and administer medications as authorized. There will be bandages, tape, ice bags, water, and emergency supplies available during the camp. If you know you need taping (i.e. ankle sprain) each activity session, please bring your own supplies for camp and we will do the taping for you.

If you need to bring medications to camp, please bring **ONLY** what is needed for the length of stay. Medications must be in original bottles. Over the counter medications such as Tylenol, Advil, Zyrtec, Claritin **ARE** considered medications. All medications are required by Wisconsin State Law to be collected and administered by Health Staff for minors. They will be returned at the end of camp. Emergency medications such as inhalers, epi-pens, and insulin pumps will **NOT** be collected. These must be with the prescribed person at all times. When packing your bag, please remember to bring any sunscreen, bug spray, hats, or sunglasses you need for outdoor activity. These will not be provided.

Many of our camps are high intensity and the campers want to perform at their best skill level. To help limit injury and illness, keep fitness levels up prior to camp, eat well-balanced, nutritious meals, stay hydrated, rest as needed between sessions and at night, maintain proper hygiene, and take care of sore muscles with proper recovery. Play safe, play smart, follow the rules on and off the fields, and have fun!

Sincerely,
Eric J. Linnell, MS, LAT
Health Services Supervisor
EJL@athletics.wisc.edu

GATORADE SUMMER PROGRAM

Sports fuel will be provided by Gatorade throughout the duration of camp. Gatorade Thirst Quencher will be available on the sidelines to help fuel athletes' performance and help them stay hydrated. Gatorade has fluids to rehydrate, electrolytes to replenish, and carbs to refuel. Gatorade Recover Protein Bars will be available and have the high quality protein and carbs athletes need to help their muscles recover. To learn more about the science behind Gatorade, visit www.Gatorade.com.

