

WISCONSIN BADGERS

BADGER SPORTS CAMPS - GIRLS HOCKEY

2024 GIRLS HOCKEY HIGH SCHOOL ELITE CAMP || AUGUST 4TH – 8TH

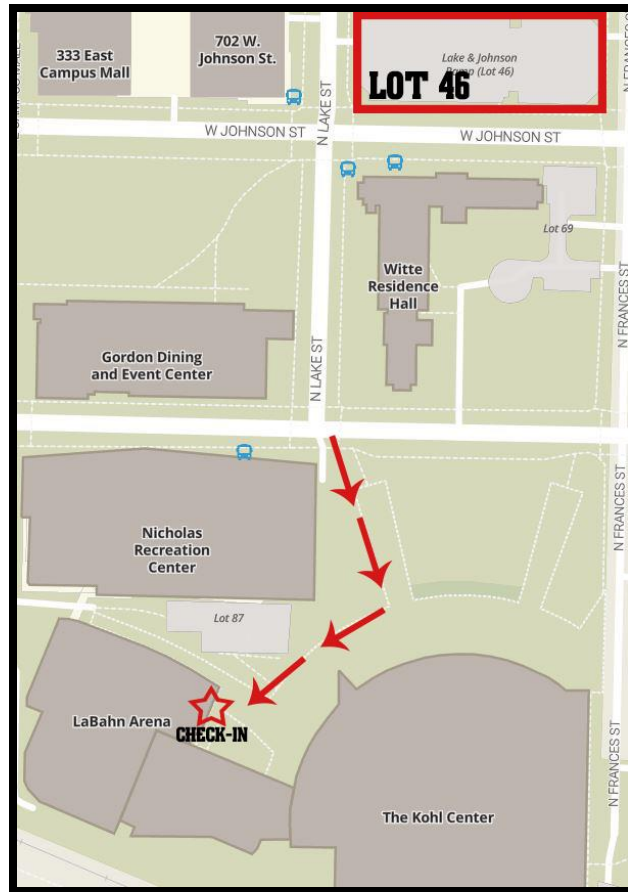
Check-in: Sunday, August 4th at the [LaBahn Ice Arena](#). Please see below for group dependent check-in times. All campers will be notified of their group assignment by Wednesday, July 31st.

Red/White	1:45 – 2:45pm
Royal/Black	3:00 – 4:00pm
Gold/Gray	4:15 – 5:15pm

Dismissal: Each day, August 4th – 8th, at the LaBahn Ice Arena. Exact check-out times depending on group assignment can be found within the camp schedule on page 3.

Parking: If you are interested in extended parking, we recommended Lot 46 – 301 N. Lake Street, or Lot 7 – 325 N. Brooks Street. Please see the map below for additional details.

For more information on parking, please see our [recommended parking packet](#). Within this packet you will find instructions regarding purchasing a parking permit ahead of time (optional), along with a list of recommended parking garages/lots by check-in location.



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What to Bring:

- Complete set of hockey gear (skates, hockey stick, helmet pads, etc.)
- Athletic clothes/shoes for off-ice sessions
- Full water bottle
- Bag for personal items
- Lunch/snacks - please note, meals will not be provided for campers. Campers are asked to bring their own lunch for during the break period.

Equipment Notes: Please note the following regarding equipment usage & storage during camp –

1. Hockey gear can **NOT** be left at the LaBahn Arena overnight. Campers must take their gear home with them each day of camp. Campers will have access to a locker room during camp hours, but equipment is unable to be kept at this location.
2. Campers **MUST** bring their own equipment to camp; we are unable to provide equipment to campers
3. Please have campers preferred name written on their helmet

Spectators: Spectators are welcome to watch all aspects of Camp.

Tentative Schedule: A tentative schedule can be found on page 3.

Camp Contact: Any campers arriving late to check-in or are no longer able to attend may contact us at badgercamps@athletics.wisc.edu.

Refund Policy: Cancellations made for medical reasons will receive a full refund. Medical documentation from a healthcare provider must accompany this signed form. Cancellations made for non-medical reasons must be requested at least 14 days prior to the camp start date. Participants will receive a refund, minus an administrative fee (\$50 for multi-day camps, \$20 for single-day camps). Within 14 days of the camp start date, refunds are provided only for medical reasons.

All requests for refunds must be submitted using our refund request form (found [here](#)). Refunds requested without the form will not be accepted. Please complete the form, and return to badgercamps@athletics.wisc.edu.

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SUNDAY, AUGUST 4TH:

RED & WHITE

1:45 – 2:45pm Check-in
3:00 – 4:00pm Skating
4:00pm Dismissal

ROYAL & BLACK

3:00 – 4:00pm Check-in
4:15 – 5:15pm Skating
5:15pm Dismissal

GOLD & GRAY

4:15 – 5:15pm Check-in
5:30 – 6:30pm Skating
6:30pm Dismissal

MONDAY, AUGUST 5TH:

ROYAL & GRAY

8:00 – 8:50am Skating
9:00 – 9:50am Skills
10:00 – 10:40am Lecture/Off-ice
11:00 – 12:00pm Game
12:00pm Dismissal

GOLD & WHITE

10:00 – 10:50am Skating
11:00 – 11:40am Lecture/Off-ice
12:15 – 1:05pm Skills
1:15 – 2:15pm Game
2:15pm Dismissal

RED & BLACK

2:30 – 3:30pm Lecture/Off-ice
3:45 – 4:35pm Skating
4:45 – 5:35pm Skills
5:45 – 6:45pm Game
6:45pm Dismissal

TUESDAY, AUGUST 6TH:

7:00 – 7:45am Goalie Training

GOLD & BLACK

8:00 – 8:50am Skating
9:00 – 9:50am Skills
10:00 – 10:40am Lecture/Off-ice
11:00 – 12:00pm Game
12:00pm Dismissal

RED & GRAY

10:00 – 10:50am Skating
11:00 – 11:40am Lecture/Off-ice
12:15 – 1:05pm Skills
1:15 – 2:15pm Game
2:15pm Dismissal

ROYAL & WHITE

1:15 – 2:00pm Lecture/Off-ice
2:30 – 3:20pm Skating
3:30 – 4:20pm Skills
4:45 – 5:45pm Game
5:45pm Dismissal

WEDNESDAY, AUGUST 7TH:

7:00 – 7:45am Goalie Training

RED & WHITE

8:00 – 8:50am Skating
9:00 – 9:50am Skills
10:00 – 10:40am Lecture/Off-ice
11:00 – 12:00pm Game
12:00pm Dismissal

ROYAL & GOLD

10:00 – 10:50am Skating
11:00 – 11:40am Lecture/Off-ice
12:15 – 1:05pm Skills
1:15 – 2:15pm Game
2:15pm Dismissal

GRAY & BLACK

1:15 – 2:00pm Lecture/Off-ice
2:30 – 3:20pm Skating
3:30 – 4:20pm Skills
4:45 – 5:45pm Game
5:45pm Dismissal

THURSDAY, AUGUST 8TH:

GOLD & GRAY

8:00 – 9:15am Game #1
9:15am Check-out

RED & ROYAL

9:30 – 10:45am Game #2
10:45am Check-out

BLACK & WHITE

11:00 – 12:15pm Game #3
12:15pm Check-out

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BADGER SPORTS CAMPS - GIRLS HOCKEY

Dear Campers & Parents,

Welcome to the University of Wisconsin-Madison Badger Sports Camps! As a Licensed Athletic Trainer overseeing all of the health services for the Badger Sports Camps on campus, I have a few reminders and advice for your time here at camp whether it is for a few hours or several days.

As the date of your camp nears, we recommend that all campers self-monitor for symptoms of communicable diseases such as fever, chills, stuffy or runny nose, sore throat, cough, headache, muscle or body aches, and fatigue. Please do not report to camp if you feel ill.

If you completed your registration online, all required health forms are completed. You can update the forms at any time by logging into your account at uwcamps.com. Please do this if you registered for camp far in advance, as health information can change. If you need to take more breaks during activity for health reasons, do not hesitate to let your counselor know.

The health services provided at camp include a large, trained health staff to quickly respond to on-site emergencies and administer medications as authorized. Health Services Staff will provide access to first aid care and supplies, water, and ice for treatment purposes as needed.

If you need to bring medications to camp, please bring **ONLY** what is needed for the length of stay. Medications must be in original bottles. Over the counter medications such as Tylenol, Advil, Zyrtec, Claritin **ARE** considered medications. All medications are required by Wisconsin State Law to be collected and administered by Health Staff for minors. They will be returned at the end of camp. Emergency medications such as inhalers, epi-pens, and insulin pumps, and diabetic supplies will **NOT** be collected. These must be with the prescribed person at all times.

When packing your bag, please remember to bring any sunscreen, bug spray, hats, or sunglasses you need for outdoor activity. These will not be provided.

Many of our camps are high intensity and the campers want to perform at their best skill level. Please come to camp prepared and continue this during camp. To help limit injury and illness, keep fitness levels up prior to camp, eat well-balanced, nutritious meals, stay hydrated, rest as needed between sessions and at night, maintain proper hygiene, and take care of sore muscles with proper recovery. Play safe, play smart, follow the rules on and off the fields, and have fun!

Sincerely,

Olivia Bodway, MS, LAT
Staff Athletic Trainer

GATORADE SUMMER PROGRAM

At the University of Wisconsin – Madison, we make sure our athletes have the right tools on and off the field to work hard. Staying hydrated is essential, which is why we will have Gatorade on the sidelines throughout camp. To learn more about the science behind Gatorade, visit www.Gatorade.com.



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CAMPER RULES & EXPECTATIONS

Badger Sports Camps prides itself on providing a safe camp environment, which is accomplished by adhering to all camp guidelines and regulations. Before attending your respective camp, please take time to review the important rules and expectations listed below. Any questions or concerns with the following information can be directed towards Camp Administration by email: badgercamps@athletics.wisc.edu.

Camper Expectations

- Campers should notify a camp counselor as soon as any problem or concern arises. Counselors will be available to help at all times, day or night. Parents and campers can feel free to contact us via email at badgercamps@athletics.wisc.edu. If campers are having an issue or emergency that needs immediate attention, campers have the option to text their issue and current location to (608) 573-5353. Camp Administration will reply.
- Participate in all sessions and meals during camp. Only the camp director will be able to grant permission to be excused from camp activity.
- For the best well-rounded camp experience, follow the camp schedule and report on time for all sessions.
- Before coming to camp, label all personal belongings, especially equipment. While at camp, always lock the door when leaving your dorm room unattended (residential camps). Badger Sports Camps is not responsible for lost or stolen items.

Behavioral Expectations

- Campers will avoid using any profane or inappropriate language during camp, written or verbal.
- Campers will not harass, bully, or intimidate other campers/staff. Hazing is strictly prohibited.
- Campers should notify camp staff of any known late arrivals or early dismissals from camp prior to the session start date.
- Due to limited parking availability, campers having a vehicle at camp is discouraged. Campers needing to park a vehicle for the duration of camp should contact Transportation Services (608) 263-6666 at least 2 weeks prior to the session start date in order to purchase a valid parking pass. Vehicle keys must be handed to the Camp Director. Badger Sports Camps is not responsible for any parking tickets you receive during camp.
- Campers will not possess/consume any illegal substances (drugs, alcohol, etc.) while at camp. Nor will campers bring any dangerous objects (lethal weapons, lighters, fireworks, etc.) to camp.
- Campers will not damage or steal the University's, or any other campers' personal property while attending camp. This includes tampering with any safety/security equipment (ex: firealarms).
- Campers will not permit any unauthorized or unknown individuals into the camp dorm building.

While unacceptable conduct is not anticipated, if camp staff has reason to believe a violation of any camp rule or expectation has occurred, this could result in disciplinary action up to, and including, dismissal from camp. Refunds will not be issued if campers are dismissed for disciplinary reasons.