BADGER SPORTS CAMPS
ROWING

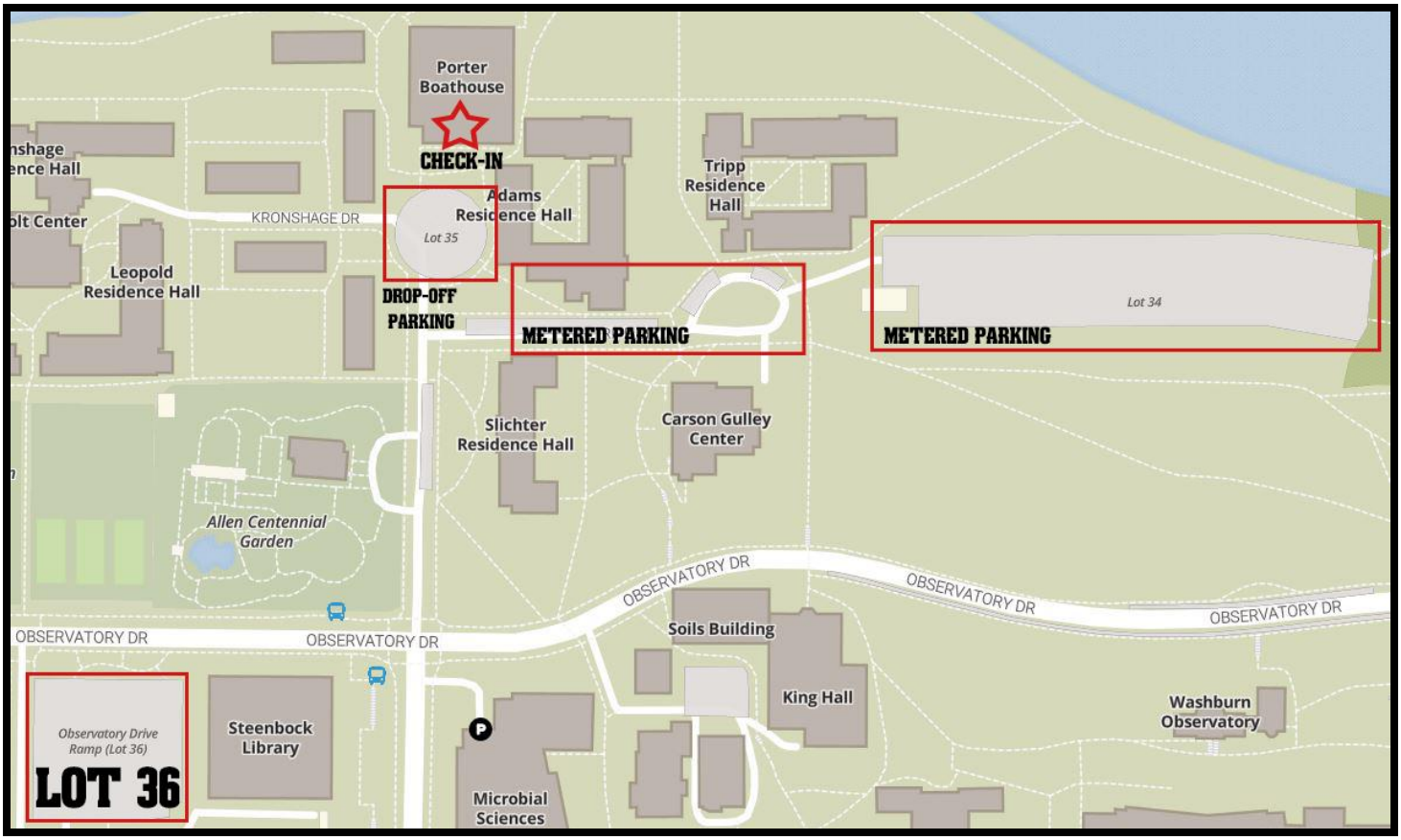
2026 BOYS ROWING SUMMER CAMP – SESSION 2 || JULY 20th – 25th

Check-in: Monday, July 20th from 2:30 – 3:00pm at the Porter Boathouse – 680 Babcock Drive, Madison WI 53706.
Please see the map below for additional details.

Dismissal: Saturday, July 25th from 12:00 – 12:30pm at the Porter Boathouse.

Parking: Drop-off parking will be available outside of Lot 35 – 655 Babcock Drive and Kronshage Drive. If you are looking for extended parking, we recommend Lot 36 – 1645 Observatory Drive, or utilizing the metered stalls in Lot 34 – 1480 Tripp Circle. Please see the map below for additional details.

For more information on parking, please see our recommended parking packet. Within this packet you will find instructions regarding purchasing a parking permit ahead of time (optional), along with a list of recommended parking garages/lots by check-in location.



BADGER SPORTS CAMPS
ROWING

Housing: All campers will be housed in Kronshage Mack Residence Hall.

Meals: All meals (starting with dinner on Monday, July 20th and ending with breakfast on Saturday, July 25th) will be enjoyed at Four Lakes Market, located within Dejope Residence Hall.

- Have special dietary needs? Go HERE for more information. We have a number of Registered Dietitians on staff that would be available to speak with you at dietitian@housing.wisc.edu.

What to Bring:

Please note, University Housing will provide overnight participants with a linen pack (including a pillow, pillow case, fitted sheet, top sheet, and a blanket). Participants are welcome to bring their own if they prefer.

4 – 6 tight fitting athletic shorts (i.e., Under Armour spandex)
6 – 7 t-shirts
4 – 5 tight fitting sports tops
2 – 3 long sleeve athletic tops
1 – 2 sweatpants
1 – 2 sweatshirts
1 warm fleece or jacket
1 rain jacket
2 hats
8 – 9 pairs athletic socks
1 pair flip flops / 1 pair sneakers
1 bathing suit
1 beach towel
1 – 2 bath towel(s)
1 pair of sunglasses that can go out on the water
Full Water bottle
Sunscreen
Any medications
Personal hygiene supplies
Shower shoes
Extra snacks (small fridge provided in each dorm room)
Small bag for transferring items between the boathouse and dorms (i.e., keys, shoes, towel, etc.)

Tentative Camp Schedule: Please see page 3 for a tentative camp schedule.

Spectators: Spectators are welcome to watch all aspects of Camp. Please note, seating may be limited within our indoor facility.

Late Arrivals/No Shows: Any campers arriving late to check-in or are no longer able to attend may contact us at badgercamps@athletics.wisc.edu.

Camp Contact: Any camp issues or concerns can be directed to Peter Turney at pnt@athletics.wisc.edu.

Refund Policy: Cancellations made for medical reasons will receive a full refund. Medical documentation from a healthcare provider must accompany this signed form. Cancellations made for non-medical reasons must be requested at least 14 days prior to the camp start date. Participants will receive a refund, minus an administrative fee ($50 for multi-day camps, $20 for single-day camps). Within 14 days of the camp start date, refunds are provided only for medical reasons.

All requests for refunds must be submitted using our refund request form (found here). Refunds requested without the form will not be accepted. Please complete the form, and return to badgercamps@athletics.wisc.edu.

BADGER SPORTS CAMPS
ROWING

Tentative Schedule:

Please note, all the times listed below are tentative and are subject to change. Evening activities may include a trip to the terrace, ultimate frisbee, volleyball, and other games. All meal times are shown in blue.

MONDAY (7/20)

2:30 – 3:00pm	Check-in @ Porter
3:00 – 4:00pm	Welcome/Tour
4:00 – 4:30pm	Technique Work
4:30 – 5:00pm	Swim Test
5:30 – 6:00pm	Dinner @ Four Lakes Market
5:30 – 8:00pm	Free Time
8:00pm	Campers Back at Dorms
9:30pm	Campers in Rooms
10:00pm	Lights-out!

TUESDAY (7/21) – WEDNESDAY (7/22)

6:30am	Wake-up
6:50am	Walk to Porter
7:00 – 8:30am	Row
9:00 – 9:30am	Breakfast @ Four Lakes Market
9:30 – 11:00am	Free Time
11:00am – 12:30pm	Row
12:30 – 1:00pm	Lunch @ Four Lakes Market
1:00 – 3:00pm	Free Time
3:00 – 5:00pm	Row (Meet at Boathouse)
5:30 – 6:00pm	Dinner @ Four Lakes Market
7:00pm	Evening Activities
8:00pm	Campers Back at Dorms
9:30pm	Campers in Rooms
10:00pm	Lights-out!

THURSDAY (7/23)

6:30am	Wake-up
6:50am	Walk to Porter
7:00 – 8:30am	Row
9:00 – 9:30am	Breakfast @ Four Lakes Market
9:30 – 11:00am	Free Time
11:00am – 12:00pm	Row
12:00 – 12:30pm	Nutrition Lecture
12:30 – 1:00pm	Lunch @ Four Lakes Market
1:00 – 3:00pm	Free Time
3:00 – 5:00pm	Row (Meet at Boathouse)
5:30 – 6:00pm	Dinner @ Four Lakes Market
7:00pm	Evening Activities
8:00pm	Campers Back at Dorms
9:30pm	Campers in Rooms
10:00pm	Lights-out!

FRIDAY (7/24)

6:30am	Wake-up
6:50am	Walk to Porter
7:00 – 8:30am	Row
9:00 – 9:30am	Breakfast @ Four Lakes Market
9:30 – 11:00am	Free Time
11:00am – 12:30pm	Row
12:30 – 1:00pm	Lunch @ Four Lakes Market
1:00 – 3:00pm	Free Time
3:00 – 5:00pm	Row
5:30 – 6:00pm	Dinner @ Four Lakes Market
7:00pm	Evening Activities
8:00pm	Campers Back at Dorms
9:30pm	Campers in Rooms
10:00pm	Lights-out!

SATURDAY (7/25)

6:30am	Wake-up
6:50am	Walk to Porter
7:00 – 8:30am	Row
9:00 – 9:30am	Breakfast @ Four Lakes Market
11:00am	Race
12:00 – 12:30pm	Check-out @ Porter

BADGER SPORTS CAMPS

HEALTH SERVICES

Dear Campers & Parents,

Welcome to the University of Wisconsin-Madison Badger Sports Camps! As the Licensed Athletic Trainers overseeing all of the health services for the Badger Sports Camps on campus, we have a few reminders and advice for your time here at camp whether it is for a few hours or several days.

As the date of your camp nears, we recommend that all campers self-monitor for symptoms of communicable diseases such as fever, chills, stuffy or runny nose, sore throat, cough, headache, muscle or body aches, and fatigue. Please do not report to camp if you feel ill.

If you completed your registration online, all required health forms are completed. You can update the forms at any time by logging into your account at uwcamps.com. Please do this if you registered for camp far in advance, as health information can change. If you need to take more breaks during activity for health reasons, do not hesitate to let your counselor know.

The health services provided at camp include a large, trained health staff to quickly respond to on-site emergencies and administer medications as authorized. Health Services Staff will provide access to first aid care, water, and ice for treatment purposes as needed.

If you need to bring medications to camp, please bring ONLY what is needed for the length of stay. Medications must be in original bottles. Over the counter medications such as Tylenol, Advil, Zyrtec, Claritin ARE considered medications. All medications are required by Wisconsin State Law to be collected and administered by Health Staff for minors. They will be returned at the end of camp. Emergency medications such as inhalers, epi-pens, and insulin pumps, and diabetic supplies will NOT be collected. These must be with the prescribed person at all times.

When packing your bag, please remember to bring any sunscreen, bug spray, hats, or sunglasses you need for outdoor activity. These will not be provided.

Many of our camps are high intensity and the campers want to perform at their best skill level. Please come to camp prepared and continue this during camp. To help limit injury and illness, keep fitness levels up prior to camp, eat well-balanced, nutritious meals, stay hydrated, rest as needed between sessions and at night, maintain proper hygiene, and take care of sore muscles with proper recovery. Play safe, play smart, follow the rules on and off the fields, and have fun!

Sincerely,

Kaitlin Zelinski, MA, LAT, ATC
Zach Lottes, MS, LAT, ATC
Staff Athletic Trainers

GATORADE SUMMER PROGRAM

At the University of Wisconsin – Madison, we make sure our athletes have the right tools on and off the field to work hard. Staying hydrated is essential, which is why we will have Gatorade on the sidelines throughout camp. To learn more about the science behind Gatorade, visit www.Gatorade.com.

BADGER SPORTS CAMPS

CAMPER RULES & REGUALTIONS

Badger Sports Camps prides itself on providing a safe camp environment, which is accomplished by adhering to all camp guidelines and regulations. Before attending your respective camp, please take time to review the important rules and expectations listed below. Any questions or concerns with the following information can be directed towards Camp Administration by email: badgercamps@athletics.wisc.edu.

Camper Expectations

- Campers should notify a camp counselor as soon as any problem or concern arises. Counselors will be available to help at all times, day or night. Parents and campers can feel free to contact us via email at badgercamps@athletics.wisc.edu. If campers are having an issue or emergency that needs immediate attention, campers have the option to text their issue and current location to (608) 573-5353. Camp Administration will reply.
- Participate in all sessions and meals during camp. Only the camp director will be able to grant permission to be excused from camp activity.
- For the best well-rounded camp experience, follow the camp schedule and report on time for all sessions.
- Before coming to camp, label all personal belongings, especially equipment. While at camp, always lock the door when leaving your dorm room unattended (residential camps). Badger Sports Camps is not responsible for lost or stolen items.

Behavioral Expectations

- Campers will avoid using any profane or inappropriate language during camp, written or verbal.
- Campers will not harass, bully, or intimidate other campers/staff. Hazing is strictly prohibited.
- Campers should notify camp staff of any known late arrivals or early dismissals from camp prior to the session start date.
- Due to limited parking availability, campers having a vehicle at camp is discouraged. Campers needing to park a vehicle for the duration of camp should contact Transportation Services (608-263-6666) at least 2 weeks prior to the session start date in order to purchase a valid parking pass. Vehicle keys must be handed to the Camp Director. Badger Sports Camps is not responsible for any parking tickets you receive during camp.
- Campers will not possess/consume any illegal substances (drugs, alcohol, etc.) while at camp. Nor will campers bring any dangerous objects (lethal weapons, lighters, fireworks, etc.) to camp.
- Campers will not damage or steal the University's, or any other campers' personal property while attending camp. This includes tampering with any safety/security equipment (ex: fire alarms).
- Campers will not permit any unauthorized or unknown individuals into the camp dorm building.

While unacceptable conduct is not anticipated, if camp staff has reason to believe a violation of any camp rule or expectation has occurred, this could result in disciplinary action up to, and including, dismissal from camp. Refunds will not be issued if campers are dismissed for disciplinary reasons.